



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

SEPTEMBER 2025

B.R. RYALL YMCA TEEN CENTER ACTIVITIES

SUN

MON

TUE

WED

THU

FRI

SAT

1



The YMCA is
closed for
Labor Day.

2



PIE FACE
KITCHEN

6



SMOOTHIES &
WELLNESS
CHALLENGE
KITCHEN

4



3 POINT
CONTEST
GYMNASIUM

5

6

7

8



YOGURT
PARFAIT
KITCHEN

9



DUDE PERFECT
TRICK SHOTS
TEEN CENTER

10



SMOOTHIES &
WELLNESS
CHALLENGE
KITCHEN

11



KICKBALL
GYMNASIUM

12

13

14

15



WALKING
TACOS
KITCHEN

16



TERRARIUM
BUILDING
ACTIVITY ROOM 1

17



SMOOTHIES &
WELLNESS
CHALLENGE
KITCHEN

18



YOGA WITH
BAILEY
ACTIVITY ROOM 1

19

20

21

22



HOT ONES
KITCHEN

23



MAKING
DREAM CATCHERS
ACTIVITY ROOM 1

24



SMOOTHIES &
WELLNESS
CHALLENGE
KITCHEN

25



CHIPS AND
HOMEMADE
GUACAMOLE
TEEN CENTER

26

27

28

29

30

**AFTER SCHOOL DROP-IN
FOR KIDS 6TH-12TH GRADE**

**FALL HOURS
MONDAY-THURSDAY 3:45-6:45 P.M.
ACTIVITIES 4:15-5 P.M.**

***UNLESS OTHERWISE NOTED
ON THE CALENDAR**

YMCA MEMBERSHIP IS REQUIRED.
Ask about our Membership For All
financial assistance program.



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