



LAP POOL SCHEDULE

September 2-30

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
|---|---|---|---|---|--|---|
| 5-8 a.m. Lap Swim | 5-8 a.m. Lap Swim | 5-8 a.m. Lap Swim | 5-8 a.m. Lap Swim | 5-8 a.m. Lap Swim | 7-8:30 a.m. Lap Swim | |
| 8-10 a.m. Water Fitness | 8-10 a.m. Water Fitness | 8-10 a.m. Water Fitness | 8-10 a.m. Water Fitness | 8-10 a.m. Water Fitness | 8:30 - 9 a.m. Lap Swim Lanes 1,2,3 Swim Lessons Lanes 4,5 | |
| 10 a.m. to 1 p.m. Open Swim Lane 1 Lap Swim Lanes 2,3,4,5 | 10 a.m. to 1 p.m. Open Swim Lane 1 Lap Swim Lanes 2,3,4,5 | 10 a.m. to 1 p.m. Open Swim Lane 1 Lap Swim Lanes 2,3,4,5 | 10 a.m. to 1 p.m. Open Swim Lane 1 Lap Swim Lanes 2,3,4,5 | 10 a.m. to 1 p.m. Open Swim Lane 1 Lap Swim Lanes 2,3,4,5 | 9-11 a.m. Swim Lessons | |
| | 1-2:30 Water Volleyball Lanes 1,2,3,4 Lap Swim Lane 5 | | 1-2:30 Water Volleyball Lanes 1,2,3,4 Lap Swim Lane 5 | | 11 a.m. to 12 p.m. Swim Lessons Lanes 1,2 Lap Swim Lanes 3,4,5 | 11 a.m. to 4:45 p.m. Open Swim Lanes 1,2 Lap Swim Lanes 3,4,5 |
| | | | | | 12-4:45 p.m. Open Swim Lanes 1,2 Lap Swim Lanes 3, 4,5 | |
| 4-5:45 p.m. Open Swim Lanes 1,2 Lap Swim Lanes 3,4,5 | 4-5:45 p.m. Open Swim Lanes 1,2 Lap Swim Lanes 3,4,5 | 4-6:25 p.m. Open Swim Lanes 1,2 Lap Swim Lanes 3,4,5 | 4-5:45 p.m. Open Swim Lanes 1,2 Lap Swim Lanes 3,4,5 | 5-8:45 p.m. Open Swim Lanes 1,2 Lap Swim 3,4,5 | Lap Swim: Actively swimming the length of the pool back and forth. Open Swim: Leisure time for members and guests to swim, float and play. Small Pool Hours are listed on the back. | |
| 5:45-7 p.m. Swim Lessons | 5:30-7 p.m. Open Swim Lanes 1,2 Lap Swim Lane 3 Swim Lessons Lane 4,5 | 6:25-7:45 p.m. Swim Lessons | 5:45-7 p.m. Open Swim Lanes 1,2 Lap Swim Lane 3 Swim Lessons Lane 4,5 | | | |
| 7-8:45 p.m. Open Swim Lanes 1,2 Lap Swim 3,4,5 | 7-8:45 p.m. Open Swim Lanes 1,2 Lap Swim Lanes 3,4,5 | 7:45-8:45 p.m. Lap Swim Lanes 1,2,3 Swim Lessons Lanes 4, 5 | 7-8:45 p.m. Open Swim Lanes 1,2 Lap Swim Lanes 3,4,5 | | | |

SMALL POOL September 2-30

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY | |
|--------------------------------------|--------------------------------|--------------------------------|--------------------------------|--|------------------------------|---|--------------------------------------|
| | | | | | 8-11:30 a.m. Swim Lessons | | |
| 9-10 a.m. Open Swim | 9-10 a.m. Open Swim | 9-10 a.m. Open Swim | 9-10 a.m. Open Swim | 9-10 a.m. Open Swim | | 11:30 a.m. to 4:45 p.m. Open Swim | 11 a.m. to 4:45 p.m. Open Swim |
| 10-11 a.m. Rockets Program | 10-11 a.m. Swim Lesson | 10-11 a.m. Swim Lesson | 10-11 a.m. Swim Lesson | 10-11 a.m. Kindergarten Round Up | | | |
| 11 a.m. to 1 p.m. Open Swim | 11 a.m. to 1 p.m. Open Swim | 11 a.m. to 1 p.m. Open Swim | 11 a.m. to 1 p.m. Open Swim | 11 a.m. to 1 p.m. Open Swim | | | |
| 1-2 p.m. Kindergarten Round Up | 1-2 p.m. Swim Lessons | | 1-2 p.m. Swim Lessons | 1-2 p.m. Kindergarten Round Up | | | |
| | | | | | | | |
| 5-5:45 p.m. Open Swim | 5-7 p.m. Swim Lessons | 5-6:25 p.m. Open Swim | 5-5:45 p.m. Open Swim | 5-8:45 p.m. Open Swim | | | |
| 5:45-7 p.m. Swim Lessons | | 6:25-7:45 p.m. Swim Lessons | 5:45-7 p.m. Swim Lessons | | | | |
| 7-8 p.m. Open Swim | 7:45-8:45 p.m. Open Swim | | 7-8 p.m. Open Swim | | | | |
| | | | | | | | |