



LAP POOL SCHEDULE

October 1-31

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5-8 a.m. Lap Swim	5-8 a.m. Lap Swim	5-8 a.m. Lap Swim	5-8 a.m. Lap Swim	5-8 a.m. Lap Swim	7-8:30 a.m. Lap Swim	
8-10 a.m. Water Fitness	8-10 a.m. Water Fitness	8-10 a.m. Water Fitness	8-10 a.m. Water Fitness	8-10 a.m. Water Fitness	8:30 - 9 a.m. Lap Swim Lanes 1,2,3 Swim Lessons Lanes 4,5	
10 a.m. to 1 p.m. Open Swim Lane 1 Lap Swim Lanes 2,3,4,5	10 a.m. to 1 p.m. Open Swim Lane 1 Lap Swim Lanes 2,3,4,5	10 a.m. to 1 p.m. Open Swim Lane 1 Lap Swim Lanes 2,3,4,5	10 a.m. to 1 p.m. Open Swim Lane 1 Lap Swim Lanes 2,3,4,5	10 a.m. to 1 p.m. Open Swim Lane 1 Lap Swim Lanes 2,3,4,5	9-11 a.m. Swim Lessons	
					11 a.m. to 12 p.m. Swim Lessons Lanes 1,2 Lap Swim Lanes 3,4,5	
	1-2:30 Water Volleyball Lanes 1,2,3,4 Lap Swim Lane 5		1-2:30 Water Volleyball Lanes 1,2,3,4 Lap Swim Lane 5		12-4:45 p.m. Open Swim Lanes 1,2 Lap Swim Lanes 3, 4,5	11 a.m. to 4:45 p.m. Open Swim Lanes 1,2 Lap Swim Lanes 3,4,5
4-5:45 p.m. Open Swim Lanes 1,2 Lap Swim Lanes 3,4,5	4-5:45 p.m. Open Swim Lanes 1,2 Lap Swim Lanes 3,4,5	4-6:25 p.m. Open Swim Lanes 1,2 Lap Swim Lanes 3,4,5	4-5:45 p.m. Open Swim Lanes 1,2 Lap Swim Lanes 3,4,5	5-8:45 p.m. Open Swim Lanes 1,2 Lap Swim 3,4,5	Lap Swim: Actively swimming the length of the pool back and forth. Open Swim: Leisure time for members and guests to swim, float and play. Small Pool Hours are listed on the back.	
5:45-7 p.m. Swim Lessons	5:30-7 p.m. Open Swim Lanes 1,2 Lap Swim Lane 3 Swim Lessons Lane 4,5	6:25-7:45 p.m. Swim Lessons	5:45-7 p.m. Open Swim Lanes 1,2 Lap Swim Lane 3 Swim Lessons Lane 4,5			
7-8:45 p.m. Open Swim Lanes 1,2 Lap Swim 3,4,5	7-8:45 p.m. Open Swim Lanes 1,2 Lap Swim Lanes 3,4,5	7:45-8:45 p.m. Lap Swim Lanes 1,2,3 Swim Lessons Lanes 4, 5	7-8:45 p.m. Open Swim Lanes 1,2 Lap Swim Lanes 3,4,5			

SMALL POOL October 1-31

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
					8-11:30 a.m. Swim Lessons		
9-10 a.m. Open Swim	9-10 a.m. Open Swim	9-10 a.m. Open Swim	9-10 a.m. Open Swim	9-10 a.m. Open Swim		11:30 a.m. to 4:45 p.m. Open Swim	11 a.m. to 4:45 p.m. Open Swim
10-11 a.m. Rockets Program	10-11 a.m. Swim Lesson	10-11 a.m. Swim Lesson	10-11 a.m. Swim Lesson	10-11 a.m. Kindergarten Round Up			
11 a.m. to 1 p.m. Open Swim	11 a.m. to 1 p.m. Open Swim	11 a.m. to 1 p.m. Open Swim	11 a.m. to 1 p.m. Open Swim	11 a.m. to 1 p.m. Open Swim			
1-2 p.m. Kindergarten Round Up	1-2 p.m. Swim Lessons		1-2 p.m. Swim Lessons	1-2 p.m. Kindergarten Round Up			
5-5:45 p.m. Open Swim	5-7 p.m. Swim Lessons	5-6:25 p.m. Open Swim	5-5:45 p.m. Open Swim	5-8:45 p.m. Open Swim			
5:45-7 p.m. Swim Lessons		6:25-7:45 p.m. Swim Lessons	5:45-7 p.m. Swim Lessons				
7-8 p.m. Open Swim	7:45-8:45 p.m. Open Swim		7-8 p.m. Open Swim				



LAP POOL SCHEDULE

November 1-30

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5-8 a.m. Lap Swim	5-8 a.m. Lap Swim	5-8 a.m. Lap Swim	5-8 a.m. Lap Swim	5-8 a.m. Lap Swim		
					7-8:30 a.m. Lap Swim	
8-10 a.m. Water Fitness	8-10 a.m. Water Fitness	8-10 a.m. Water Fitness	8-10 a.m. Water Fitness	8-10 a.m. Water Fitness	8:30 – 9 a.m. Lap Swim Lanes 1,2,3 Swim Lessons Lanes 4,5	
					9-11 a.m. Swim Lessons	
10 a.m. to 1 p.m. Open Swim Lane 1 Lap Swim Lanes 2,3,4,5	10 a.m. to 1 p.m. Open Swim Lane 1 Lap Swim Lanes 2,3,4,5	10 a.m. to 1 p.m. Open Swim Lane 1 Lap Swim Lanes 2,3,4,5	10 a.m. to 1 p.m. Open Swim Lane 1 Lap Swim Lanes 2,3,4,5	10 a.m. to 1 p.m. Open Swim Lane 1 Lap Swim Lanes 2,3,4,5	11 a.m. to 12 p.m. Swim Lessons Lanes 1,2 Lap Swim Lanes 3,4,5	11 a.m. to 4:45 p.m. Open Swim Lanes 1,2 Lap Swim Lanes 3,4,5
	1-2:30 Water Volleyball Lanes 1,2,3,4 Lap Swim Lane 5		1-2:30 Water Volleyball Lanes 1,2,3,4 Lap Swim Lane 5		12-4:45 p.m. Open Swim Lanes 1,2 Lap Swim Lanes 3, 4,5	
4-5:45 p.m. Open Swim Lanes 1,2 Lap Swim Lanes 3,4,5	4-5:45 p.m. Open Swim Lanes 1,2 Lap Swim Lanes 3,4,5	4-6:25 p.m. Open Swim Lanes 1,2 Lap Swim Lanes 3,4,5	4-5:45 p.m. Open Swim Lanes 1,2 Lap Swim Lanes 3,4,5	5-8:45 p.m. Open Swim Lanes 1,2 Lap Swim 3,4,5	Lap Swim: Actively swimming the length of the pool back and forth. Open Swim: Leisure time for members and guests to swim, float and play. Small Pool Hours are listed on the back. The YMCA will be closed on Thursday, November 27 for Thanksgiving. Please note: the schedule is subject to change for special programming or Kids Days Off.	
5:45-7 p.m. Swim Lessons	5:30-7 p.m. Open Swim Lanes 1,2 Lap Swim Lane 3 Swim Lessons Lane 4,5		6:25-7:45 p.m. Swim Lessons			
7-8:45 p.m. Open Swim Lanes 1,2 Lap Swim 3,4,5	7-8:45 p.m. Open Swim Lanes 1,2 Lap Swim Lanes 3,4,5	7:45-8:45 p.m. Lap Swim Lanes 1,2,3 Swim Lessons Lanes 4, 5				

SMALL POOL November 1-30

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
					8-11:30 a.m. Swim Lessons		
9-10 a.m. Open Swim	9-10 a.m. Open Swim	9-10 a.m. Open Swim	9-10 a.m. Open Swim	9-10 a.m. Open Swim		11:30 a.m. to 4:45 p.m. Open Swim	11 a.m. to 4:45 p.m. Open Swim
10-11 a.m. Rockets Program	10-11 a.m. Swim Lesson	10-11 a.m. Swim Lesson	10-11 a.m. Swim Lesson	10-11 a.m. Kindergarten Round Up			
11 a.m. to 1 p.m. Open Swim	11 a.m. to 1 p.m. Open Swim	11 a.m. to 1 p.m. Open Swim	11 a.m. to 1 p.m. Open Swim	11 a.m. to 1 p.m. Open Swim			
1-2 p.m. Kindergarten Round Up	1-2 p.m. Swim Lessons		1-2 p.m. Swim Lessons	1-2 p.m. Kindergarten Round Up			
5-5:45 p.m. Open Swim	5-7 p.m. Swim Lessons	5-6:25 p.m. Open Swim	5-7 p.m. Swim Lessons	5-8:45 p.m. Open Swim			
5:45-7 p.m. Swim Lessons		6:25-7:45 p.m. Swim Lessons					
7-8 p.m. Open Swim	7-8 p.m. Open Swim						
	7:45-8:45 p.m. Open Swim						