





FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

DECEMBER 2025

B.R. RYALL YMCA TEEN CENTER ACTIVITIES

SUN MON TUE WED THU FRI SAT

	1  HOT CHOCOLATE BAR KITCHEN	2  GINGERBREAD HOUSES KITCHEN	3  SMOOTHIES & WELLNESS CHALLENGE KITCHEN	4  SNOWFLAKE MAKING ACTIVITY ROOM A	5	6
7	8  HAM SLIDERS KITCHEN	9  CHRISTMAS COOKIES KITCHEN	10  SMOOTHIES & WELLNESS CHALLENGE KITCHEN	11  SNOWBALL FIGHT GYMNASIUM	12	13
14	15  CHRISTMAS COOKIE DECORATING KITCHEN	16  DO YOU WANT TO BUILD A SNOWMAN ACTIVITY ROOM A	17  SMOOTHIES & WELLNESS CHALLENGE KITCHEN	18  CHRISTMAS MOVIE NIGHT ACTIVITY ROOM A	19	20

**AFTER SCHOOL DROP-IN
FOR KIDS 6TH-12TH GRADE**

**FALL HOURS
MONDAY-THURSDAY 3:45-6:45 P.M.
ACTIVITIES 4:15-5 P.M.**

***UNLESS OTHERWISE NOTED
ON THE CALENDAR**

YMCA MEMBERSHIP IS REQUIRED.
Ask about our Membership For All
financial assistance program.

FREE TEEN-LED PROGRAMS



Zen Den

Zen club is a place for middle schoolers to de-stress from their normal day to day schedules.

Get Cozy with Cooking

Learn how to cook new cuisines for free! Join the TAB for an evening of food, fun and friends.

Nature Club

Adventure awaits, right outside the Y! Step away from the screens and into the wild with our Nature Club for middle schoolers.



TEEN WORKOUT CHALLENGE: Are you ready to kick off a workout routine and win awesome gift cards to your favorite spots like Starbucks, Dunkin, Flips, and Subway? Stop by the Teen Center to learn more.



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