



**FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY**

# APRIL 2026

## B.R. RYALL YMCA TEEN CENTER ACTIVITIES

| SUN  | MON   | TUE   | WED   | THU   | FRI | SAT |
|--|---|---|---|---|-----|-----|
| 5<br><b>EASTER SUNDAY</b><br>The YMCA is closed. | 6<br><br><b>FRUIT SKEWERS</b><br>KITCHEN     | 7<br><br><b>GUESS WHO</b><br>KITCHEN                   | 8<br><br><b>SMOOTHIES &amp; WELLNESS CHALLENGE</b><br>KITCHEN    | 9<br><br><b>MARIO CART</b><br>ACTIVITY ROOM B | 10  | 11  |
| 12   | 13<br><br><b>PB&amp;J</b><br>KITCHEN         | 14<br><br><b>TIE DYE SOCKS</b><br>ACTIVITY ROOM A      | 15<br><br><b>SMOOTHIES &amp; WELLNESS CHALLENGE</b><br>KITCHEN   | 16<br><br><b>SLIME DAY</b><br>ACTIVITY ROOM A | 17  | 18  |
| 19   | 20<br><br><b>SLIDERS</b><br>KITCHEN          | 21<br><br><b>TEEN CENTER GARDEN</b><br>ACTIVITY ROOM A | 22<br><br><b>SMOOTHIES &amp; WELLNESS CHALLENGE</b><br>KITCHEN   | 23<br><br><b>NAME THAT TUNE</b><br>KITCHEN    | 24  | 25  |
| 26   | 27<br><br><b>YOGURT PARFAIT</b><br>KITCHEN | 28<br><br><b>MUSICAL CHAIRS</b><br>KITCHEN           | 29<br><br><b>SMOOTHIES &amp; WELLNESS CHALLENGE</b><br>KITCHEN | 30<br><br><b>PICTIONARY</b><br>KITCHEN      |     |     |

**AFTER SCHOOL DROP-IN  
FOR KIDS 6TH-12TH GRADE**

**DROP-IN HOURS**  
**MONDAY-THURSDAY 3:45-6:45 P.M.**  
**ACTIVITIES 4:15-5 P.M.**

**\*UNLESS OTHERWISE NOTED  
ON THE CALENDAR**

**YMCA MEMBERSHIP IS REQUIRED.**  
Ask about our Membership For All financial assistance program.



**FREE TEEN-LED PROGRAMS**

**Zen Club**  
Zen club is a place for middle schoolers to de-stress from their normal day to day schedules.

**Get Cozy with Cooking**  
Learn how to cook new cuisines for free! Join the TAB for an evening of food, fun and friends.

**NEW! PC GAMING ROOM**

The Teen Center leveled up with a brand-new PC Gaming Room. Equipped with high-performance gaming computers, this exciting new space gives teens a place to connect, compete and unwind after school. .

**TEEN WORKOUT CHALLENGE**

Are you ready to kick off a workout routine and win awesome gift cards to your favorite spots like Starbucks, Dunkin, Flips, and Subway? Stop by the Teen Center to learn more.

**B.R. Ryall YMCA**  
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