



# LAP POOL SCHEDULE

## JUNE 1-30, 2026

| MONDAY   | TUESDAY   | WEDNESDAY   | THURSDAY  | FRIDAY  | SATURDAY   | SUNDAY   |
|--|---|---|---|---|--|--|
| 5-8 a.m.<br>Lap Swim   | 5-8 a.m.<br>Lap Swim  | 5-8 a.m.<br>Lap Swim  | 5-8 a.m.<br>Lap Swim  | 5-8 a.m.<br>Lap Swim  |  |  |
|  |   |   |   |   | 7-8:30 a.m.<br>Lap Swim  |  |
| 8-9 a.m.<br>Water Fitness  | 8-9 a.m.<br>Water Fitness   | 8-9 a.m.<br>Water Fitness   | 8-9 a.m.<br>Water Fitness   | 8-9 a.m.<br>Water Fitness   | 8:30 – 9 a.m.<br>Swim Lessons<br>Lanes 1,2<br><br>Lap Swim<br>Lanes 3,4,5  |  |
| 9-10 a.m.<br>Swim Lessons<br>Lanes 1,2,3<br><br>Lap Swim<br>Lanes 4,5      | 9-10 a.m.<br>Swim Lessons<br>Lanes 1,2,3<br><br>Lap Swim<br>Lanes 4,5                           | 9-10 a.m.<br>Swim Lessons<br>Lanes 1,2,3<br><br>Lap Swim<br>Lanes 4,5       | 9-10 a.m.<br>Swim Lessons<br>Lanes 1,2,3<br><br>Lap Swim<br>Lanes 4,5                           | 9 a.m. to 1 p.m.<br>Open Swim<br>Lanes 1,2<br><br>Lap Swim<br>Lanes 3,4,5 | 9-10:30 a.m.<br>Swim Lessons   | 9-11 a.m.<br>Lap Swim  |
|  |   |   |   |   | 10:30-11 a.m.<br>Open Swim<br>Lanes 1,2<br><br>Lap Swim<br>Lanes 3<br><br>Swim Lessons<br>Lanes 4,5  |  |
| 10-11 a.m.<br>Summer<br>Camp Swim  | 10 a.m. to 1 p.m.<br>Open Swim<br>Lanes 1,2<br><br>Lap Swim<br>Lanes 3,4,5                      | 10 a.m. to 1 p.m.<br>Open Swim<br>Lanes 1,2<br><br>Lap Swim<br>Lanes 3,4,5  | 10 a.m. to 1 p.m.<br>Open Swim<br>Lanes 1,2<br><br>Lap Swim<br>Lanes 3,4,5                      |   |  |  |
| 11 a.m. to 1 p.m.<br>Open Swim<br>Lanes 1,2<br><br>Lap Swim<br>Lanes 3,4,5 |   |   |   |   | 11 a.m. to 4:45 p.m.<br><br>Open Swim<br>Lanes 1,2<br><br>Lap Swim<br>Lanes 3, 4,5   | 11 a.m. to<br>4:45 p.m.<br><br>Open Swim<br>Lanes 1,2<br><br>Lap Swim<br>Lanes 3,4,5 |
|  |   | 1-3 p.m.<br>Summer Camp<br>Swim   |   | 1-3 p.m.<br>Summer Camp<br>Swim   |  |  |
| 4-5:35 p.m.<br>Open Swim<br>Lanes 1,2<br><br>Lap Swim<br>Lanes 3,4,5       | 4-5:35 p.m.<br>Open Swim<br>Lanes 1,2<br><br>Lap Swim<br>Lanes 3,4,5                            | 4-6:15 p.m.<br>Open Swim<br>Lanes 1,2<br><br>Lap Swim<br>Lanes 3,4,5        | 4-5:35 p.m.<br>Open Swim<br>Lanes 1,2<br><br>Lap Swim<br>Lanes 3,4,5                            | 5-8:45 p.m.<br><br>Open Swim<br>Lanes 1,2<br><br>Lap Swim<br>3,4,5        | <p><b>Lap Swim:</b> Actively swimming the length of the pool back and forth.<br/> <b>Open Swim:</b> Leisure time for members and guests to swim, float and play.</p> <p><b>The small pool is currently closed due to a mechanical issue. We will keep you updated as we know more.</b></p> <p><b>IMPORTANT UPDATES:</b><br/>           On June 15 from 7-8:30 p.m. lanes 3, 4 &amp; 5 will be reserved for the Boy Scouts.</p> <p>Due to higher pool usage there may be limited lane availability. Please be courteous and share with other fellow lap swimmers.</p> |  |
| 5:35-7 p.m.<br>Swim Lessons  | 5:35-7 p.m.<br>Open Swim<br>Lanes 1,2<br><br>Lap Swim<br>Lane 3<br><br>Swim Lessons<br>Lane 4,5 | 6:15-7:45 p.m.<br>Swim Lessons  | 5:35-7 p.m.<br>Open Swim<br>Lanes 1,2<br><br>Lap Swim<br>Lane 3<br><br>Swim Lessons<br>Lane 4,5 |   |  |  |
| 7-8:45 p.m.<br>Open Swim<br>Lanes 1,2<br><br>Lap Swim<br>3,4,5             | 7-8:45 p.m.<br>Open Swim<br>Lanes 1,2<br><br>Lap Swim<br>Lanes 3,4,5                            | 7:45-8:45 p.m.<br>Lap Swim<br>Lanes 1,2,3<br><br>Swim Lessons<br>Lanes 4, 5 | 7-8:45 p.m.<br>Open Swim<br>Lanes 1,2<br><br>Lap Swim<br>Lanes 3,4,5                            |   |  |  |
|  |   |   |   |   |  |  |



# LAP POOL SCHEDULE

## JULY 1-31, 2026

| MONDAY   | TUESDAY   | WEDNESDAY   | THURSDAY  | FRIDAY  | SATURDAY  | SUNDAY   |
|--|---|---|---|---|---|--|
| 5-8 a.m.<br>Lap Swim   | 5-8 a.m.<br>Lap Swim  | 5-8 a.m.<br>Lap Swim  | 5-8 a.m.<br>Lap Swim  | 5-8 a.m.<br>Lap Swim  |   |  |
|  |   |   |   |   | 7-8:30 a.m.<br>Lap Swim   |  |
| 8-9 a.m.<br>Water Fitness  | 8-9 a.m.<br>Water Fitness   | 8-9 a.m.<br>Water Fitness   | 8-9 a.m.<br>Water Fitness   | 8-9 a.m.<br>Water Fitness   | 8:30 – 9 a.m.<br>Swim Lessons<br>Lanes 1,2<br><br>Lap Swim<br>Lanes 3,4,5   |  |
| 9-10 a.m.<br>Open Swim<br>Lanes 1,2,3<br><br>Lap Swim<br>Lanes 4,5         | 9-10 a.m.<br>Open Swim<br>Lanes 1,2,3<br><br>Lap Swim<br>Lanes 4,5                              | 9-10 a.m.<br>Open Swim<br>Lanes 1,2,3<br><br>Lap Swim<br>Lanes 4,5          | 9-10 a.m.<br>Open Swim<br>Lanes 1,2,3<br><br>Lap Swim<br>Lanes 4,5                              | 9 a.m. to 1 p.m.<br>Open Swim<br>Lanes 1,2<br><br>Lap Swim<br>Lanes 3,4,5 | 9-10:30 a.m.<br>Swim Lessons  | 9-11 a.m.<br>Lap Swim  |
|  |   |   |   |   | 10:30-11 a.m.<br>Open Swim<br>Lanes 1,2<br><br>Lap Swim<br>Lanes 3<br><br>Swim Lessons<br>Lanes 4,5   |  |
| 10-11 a.m.<br>Summer<br>Camp Swim  | 10 a.m. to 1 p.m.<br>Open Swim<br>Lanes 1,2<br><br>Lap Swim<br>Lanes 3,4,5                      | 10 a.m. to 1 p.m.<br>Open Swim<br>Lanes 1,2<br><br>Lap Swim<br>Lanes 3,4,5  | 10 a.m. to 1 p.m.<br>Open Swim<br>Lanes 1,2<br><br>Lap Swim<br>Lanes 3,4,5                      |   |   |  |
| 11 a.m. to 1 p.m.<br>Open Swim<br>Lanes 1,2<br><br>Lap Swim<br>Lanes 3,4,5 |   |   |   |   | 11 a.m. to 4:45 p.m.<br><br>Open Swim<br>Lanes 1,2<br><br>Lap Swim<br>Lanes 3, 4,5  | 11 a.m. to<br>4:45 p.m.<br><br>Open Swim<br>Lanes 1,2<br><br>Lap Swim<br>Lanes 3,4,5 |
|  |   | 1-3 p.m.<br>Summer Camp<br>Swim   |   | 1-3 p.m.<br>Summer Camp<br>Swim   |   |  |
| 4-5:35 p.m.<br>Open Swim<br>Lanes 1,2<br><br>Lap Swim<br>Lanes 3,4,5       | 4-5:35 p.m.<br>Open Swim<br>Lanes 1,2<br><br>Lap Swim<br>Lanes 3,4,5                            | 4-6:15 p.m.<br>Open Swim<br>Lanes 1,2<br><br>Lap Swim<br>Lanes 3,4,5        | 4-5:35 p.m.<br>Open Swim<br>Lanes 1,2<br><br>Lap Swim<br>Lanes 3,4,5                            | 5-8:45 p.m.<br><br>Open Swim<br>Lanes 1,2<br><br>Lap Swim<br>3,4,5        | <p><b>Lap Swim:</b> Actively swimming the length of the pool back and forth.<br/> <b>Open Swim:</b> Leisure time for members and guests to swim, float and play.</p> <p><b>The small pool is currently closed due to a mechanical issue. We will keep you updated as we know more.</b></p> <p>Due to higher pool usage there may be limited lane availability. Please be courteous and share with other fellow lap swimmers.</p> <p>The YMCA will be closed on Saturday, July 4, in observance of Independence Day.</p> |  |
| 5:35-7 p.m.<br>Swim Lessons  | 5:35-7 p.m.<br>Open Swim<br>Lanes 1,2<br><br>Lap Swim<br>Lane 3<br><br>Swim Lessons<br>Lane 4,5 | 6:15-7:45 p.m.<br>Swim Lessons  | 5:35-7 p.m.<br>Open Swim<br>Lanes 1,2<br><br>Lap Swim<br>Lane 3<br><br>Swim Lessons<br>Lane 4,5 |   |   |  |
| 7-8:45 p.m.<br>Open Swim<br>Lanes 1,2<br><br>Lap Swim<br>3,4,5             | 7-8:45 p.m.<br>Open Swim<br>Lanes 1,2<br><br>Lap Swim<br>Lanes 3,4,5                            | 7:45-8:45 p.m.<br>Lap Swim<br>Lanes 1,2,3<br><br>Swim Lessons<br>Lanes 4, 5 | 7-8:45 p.m.<br>Open Swim<br>Lanes 1,2<br><br>Lap Swim<br>Lanes 3,4,5                            |   |   |  |
|  |   |   |   |   |   |  |